

DCC Parenting Calendar Term 3 2026

To register visit www.dcc.org.au/families,
email info@dcc.org.au or call 9719 8102



Infant Massage

Discover the power of infant massage in this nurturing program designed for parents and their babies. Much more than learning massage techniques, this course helps you understand your baby's unique needs through their body language and sensory cues. Infant massage can support deeper bonding, improve sleep and settling, and promote calm, restful routines. It's a gentle, meaningful way to strengthen your connection with your little one.

Dates: Fridays, 14 August - 11 September 2026
Time: 11:30am to 12:30pm
Venue: Drummoyne Community Centre
Cost: \$40 for the 5-week program
Suitable for: Parents of babies 0-10 months

DADS: Getting to Know Your Baby

This half-day practical workshop provides Dads with some techniques, including infant massage, to help settle baby. Find out what to look for and ways to respond. Learn how to respond to your child's cues and read the 'hidden' messages in their behaviour. A beautiful workshop to connect deeply with your baby.

Date: Sunday, 13 September 2026
Time: 1.30pm - 4.30pm
Venue: Drummoyne Community Centre
Cost: \$30
Suitable for: Dads of babies 0-10 months

Circle of Security

The Circle of Security model is a 'map' for parents and caregivers covering how to navigate parenting while juggling life's other demands. Based on 50 years of research, this evidence-based program demonstrates how children with secure attachments have more confidence, compassion, resilience and endurance. Continue to strengthen bonds with your child and help them to build secure relationships.

Date: Mondays, 17 August - 14 September 2026
Time: 7.30pm - 9.30pm
Venue: ONLINE
Cost: \$80 for 5 sessions
Suitable for: Parents of children 5-12 years

These courses are all facilitated by Dympna Kennedy.

Priority is given to DCC members and local parents living in the City of Canada Bay area and surrounding suburbs.

IMPORTANT INFORMATION: For some courses, fees are negotiable for families experiencing financial hardship at this time. Priority is given to DCC Members and local parents in the City of Canada Bay area and surrounding suburbs. Please call the office before you complete a registration form to ensure there is a spot available. Reduced fees may apply.



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